Divalent Metals and pH Alter Raltegravir Disposition In Vitro

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Raltegravir shows marked pharmacokinetic variability in patients, with gastrointestinal pH and divalent-metal binding being potential factors. We investigated raltegravir solubility, lipophilicity, pK_a, and permeativity in vitro to elucidate known interactions with omeprazole, antacids, and food, all of which increase gastric pH. Solubility of raltegravir was determined at pH 1 to 8. Lipophilicity of raltegravir was determined using octanol-water partition. Raltegravir pK_a was determined using UV spectroscopy. The effects of pH, metal salts, and omeprazole on the cellular permeativity of raltegravir were determined using Caco-2 monolayers. Cellular accumulation studies were used to determine the effect of interplay between pH and ABCB1 transport on raltegravir accumulation. Samples were analyzed using liquid chromatography-tandem mass spectroscopy (LC-MS/MS) or scintillation counting. Raltegravir at 10 mM was partly insoluble at pH 6.6 and below. Raltegravir lipophilicity was pH dependent and was reduced as pH was increased from 5 to 9. The pK_a of raltegravir was 6.7. Raltegravir cellular permeativity was heavily influenced by changes in extracellular pH, where apical-to-basolateral permeativity was reduced 9-fold (P < 0.05) when apical pH was increased from 5 to 8.5. Raltegravir cellular permeativity was also reduced in the presence of magnesium and calcium. Omeprazole did not alter raltegravir cellular permeativity. Cellular accumulation of raltegravir was increased independently by inhibiting ABCB1 and by lowering extracellular pH from pH 8 to 5. Gastrointestinal pH and polyvalent metals can potentially alter the pharmacokinetic properties of raltegravir, and these data provide an explanation for the variability in raltegravir exposure in patients. The evaluation of how divalent-metal-containing products, such as multivitamins, that do not affect gastric pH alter raltegravir pharmacokinetics in patients is now justified.

Raltegravir, the first licensed integrase inhibitor for treatment of HIV, has potent in vitro and clinical activity (22). The primary route of raltegravir metabolism is glucuronidation via UDP glucuronosyltransferase 1A1 (14), and the drug is not a substrate or inhibitor of the major cytochrome P450 enzymes (12). However, there are known drug interactions involving UGT1A1 which may alter raltegravir plasma exposure. Atazanavir inhibits UGT1A1, causing an increase in raltegravir exposure (4), and rifampin mediates induction of UGT1A1, causing a decrease in raltegravir exposure (27). In addition, raltegravir is a weak substrate for the drug transporters ABCB1, SLCC2A6, and SLCT5A1 and also inhibits SLCC2A6 in vitro (18). Marked inter- and intrapatient variability in raltegravir plasma exposure exists, and the relationship between the pharmacokinetics (PK) and pharmacodynamics (PD) of the drug remains poorly understood (7).

The pH of the gastrointestinal (GI) tract is an important factor in the absorption of many drugs, potentially altering drug release, solubility, chemical stability, charge state, and/or intestinal permeativity (5). Ionic drugs with a pK_a within the physiological pH range are susceptible to alterations in GI pH because drugs with an ionic charge are less able to permeate the intestine wall without active transport. In healthy volunteers, raltegravir area under the curve (AUC), maximum plasma concentration (C_max) and plasma concentration 12 h after dosing (C_{12}) increased 3.1-, 4.2-, and 1.5-fold, respectively, following 5 days of 20 mg omeprazole once daily (13); higher solubility at increasing pH was postulated as the mechanism of interaction (2). However, GI pH was not directly measured in that study, and there are no published data showing the effect of pH on raltegravir solubility in vitro. In a similar study using HIV-infected patients, raltegravir geometric mean ratios (GMR) for AUC, C_{max}, and C_{12} were 1.4-, 1.5-, and 1.2-fold higher, respectively, following 5 days of 20 mg omeprazole once daily and 1.5-, 1.6-, and 1.1-fold higher, respectively, following a single dose of 20 mg famotidine (24). HIV-infected patients, particularly those with advanced disease progression, have higher gastric pHs than uninfected individuals (25), and this may explain why acid-reducing agents showed less impact on raltegravir PK in HIV-infected patients in the study by Rham et al. (24).

After ingestion of a meal, gastric pH is briefly elevated due to the buffering and diluting effect of the food (5). The extent of gastric pH increase and the rate at which pH is lowered to fasting-state levels depend on the volume of the food, the ability of the food to stimulate gastric acid secretion, and the rate of gastric emptying. Other factors, such as the fat and protein content of food, are also important. In a steady-state food effect study using healthy subjects, alterations in raltegravir exposure from a fasting state were shown for low-fat (GMR of AUC, C_{max}, and C_{12} of 0.54, 0.48, and 0.86, respectively), medium-fat (GMR of AUC, C_{max}, and C_{12} of 1.13, 1.05, and 1.66, respectively), and high-fat (GMR of AUC, C_{max}, and C_{12} of 2.11, 1.96, and 4.13, respectively) meals (1). However, that study concluded that the effect of food was not clinically significant and recommended that raltegravin can be taken without regard to food.

Integrase strand transfer inhibitors work by chelating magnesium ions at the integrase enzyme active site, thus preventing the
insertion of viral DNA into the host cell’s DNA (8). Therefore, binding with free magnesium (and possibly other polyvalent cationic metals) in the GI tract is likely to alter raltegravir absorption. Indeed, interactions between integrase inhibitors and metal-containing products have been investigated. Raltegravir C12 and time to C\text{max} (T\text{max}) were reduced by 67% and 1.75 h, respectively, when raltegravir was taken with an antacid containing magnesium and aluminum, although the AUC and C\text{max} were not significantly altered (15). Importantly, 75% of subjects taking antacids had a raltegravir C12 lower than 15 ng/ml (i.e., the 95% inhibitory concentration [IC\text{95}] of raltegravir in 50% human serum). We hypothesized that this interaction may be mediated by an increase in raltegravir solubility with increased pH (decreasing the T\text{max}) and binding of raltegravir to the metal ions in the antacid (decreasing C12).

This study aimed to establish \textit{in vitro} the solubility, lipophilicity, and pK\text{a} of raltegravir using a range of buffered pH solutions and solvents. The impact of pH, metal cations, and omeprazole on raltegravir transcellular permeativity across an \textit{in vitro} model of absorption were also determined. Raltegravir is a substrate of ABCB1 \textit{in vitro} (18), and the interplay between pH and ABCB1 transport was investigated in cellular accumulation assays to ascertain whether active transport of raltegravir by ABCB1 was influenced by pH.

**MATERIALS AND METHODS**

**Chemical reagents and materials.** Caco-2 cells were purchased from the European Collection of Cell Cultures (Salisbury, United Kingdom). Raltegravir potassium salt and [3H]raltegravir were gifts from Merck (Whitehouse Station, NJ). Lopinavir was a gift from Abbott (Chicago, IL). [3H]Lopinavir was purchased from Moravek Biochemicals (Brea, CA). Tariquidar was purchased from Xenova (Sloane, United Kingdom). Ace- tonitrile was purchased from J. T. Baker (Deventer, Holland). [14C]mannitol was purchased from American Radiolabeled Chemicals (St. Louis, MO). All other reagents were obtained from Sigma (Poole, United Kingdom).

**Creation of buffered pH solutions for solubility, lipophilicity, and pK\text{a} experiments.** Stock aqueous solutions were buffered to pH 1 (50 mM potassium phosphate plus 29.2 mM hydrogen chloride), and 9 potassium chloride plus 134 mM hydrogen chloride), 7 (50 mM monohydrogen phthalate plus 22.6 mM sodium hydroxide), 6 (50 mM monohydrogen phthalate plus 22.3 mM hydrogen chloride), 4 (50 mM potassium phosphate plus 0.1 mM hydrochloric acid), 3 (50 mM potassium phosphate plus 22.6 mM sodium hydroxide), 6 (50 mM monopotassium phosphate plus 5.6 mM sodium hydroxide), 7 (50 mM monopotassium phosphate plus 29.1 mM sodium hydroxide), 8 (50 mM Tris hydroxymethyl aminomethane plus 29.2 mM hydrogen chloride), and 9 (50 mM Tris hydroxymethyl aminomethane plus 5.7 mM hydrogen chloride). These stock solutions were used in experiments or were adjusted using 1 M hydrochloric acid or 1 M sodium hydroxide to create the required pH.

**Determination of raltegravir solubility.** Raltegravir solubility was determined at 1 mM and 10 mM (estimated range of drug concentrations in the stomach and duodenum of the gut following raltegravir dissolution) in a pH range of 1 to 9. Solutions were mixed on a mechanical shaker (120 rpm, 37°C, 2 h) and vortexed to allow maximum dissolution of raltegravir. Samples were then centrifuged to pellet undissolved drug (3,000 x g, 10 min, 22°C), and the supernatant was carefully removed. Raltegravir concentrations in the supernatant were determined using liquid chromatography-tandem mass spectroscopy (LC-MS/MS).

**Determination of raltegravir lipophilicity.** Raltegravir lipophilicity was determined across a physiologically relevant pH range of 1 to 9 using the octanol-water shake flask method. The organic solvent used was either 1-octanol, which allows hydrogen bonding, or cyclohexane, which does not allow hydrogen bonding. The aqueous and organic solvents were mutually saturated on a mechanical shaker (240 rpm, 24 h, 22°C) before use. Raltegravir was added to the aqueous solvent at 10 µM (a concentration ensuring complete solubility in all pH solutions) before the aqueous and organic solvents were combined in a 1:1 ratio and the mixtures were shaken for 30 min. Mixtures were centrifuged (800 x g, 30 min, 22°C), and a sample was taken from the aqueous compartment for LC-MS/MS analysis. The apparent log(P) was calculated as log([C\text{organic}]/[C\text{aqueous}]), where C\text{aqueous} is the concentration of raltegravir in the aqueous solvent and C\text{organic} is the concentration of raltegravir in the organic solvent (estimated by deducing raltegravir in the aqueous compartment from the total amount in the mixture).

**Determination of raltegravir pK\text{a}.** Raltegravir pK\text{a} was determined using UV spectroscopy. Raltegravir was prepared in buffered pH solutions to a final concentration of 8 µM (a concentration giving an adequate signal for quantification). The buffered pH solutions ranged between pH 3.5 and 9.5. Drug solutions were added to UV cells, which were then placed in a UV spectrophotometer (Perkin Elmer Lambda 25 UV-Vis) and allowed to acclimatize (25°C, 5 min). Following this, the UV-Vis spectra were measured between 200 nm and 500 nm. The absorbance values were recorded at 300 nm (absorbance peak predominant at lower pH) and 333 nm (absorbance peak predominant at higher pH). For each pH, the absorbance at 333 nm was divided by the absorbance at 300 nm and plotted to calculate the pK\text{a}.

**Cell culture.** Caco-2 cells were maintained in cell culture (37°C, 5% CO\text{2}) by passaging at 70% confluence using cell culture medium (Dulbecco’s modified Eagle medium [DMEM], 15% FCS). The passage number of the cells used in this study was between 25 and 35. Caco-2 monolayers were cultured as previously described (18) and were subsequently used to determine the effects of pH, metal salts, and omeprazole on raltegravir monolayer permeativity. Briefly, confluent Caco-2 cells were seeded onto polycarbonate membrane Transwells at a density of 5 x 10\text{5} cells/cm\text{2}. Medium was replaced initially after 24 h and then every 48 h. Plates were used in the experiments 21 days after seeding. Monolayer integrity was checked on the day of the experiment using a Millicell-ERS (Millipore) to determine the transepithelial electrical resistance (TEER) across the monolayer. A TEER >700 was deemed acceptable. In addition, radio-labeled [14C]mannitol was added to separate wells on each plate (n = 3) to confirm monolayer integrity. [14C]mannitol samples were analyzed by liquid scintillation counting (Tri-Carb; Beckman), and plates were used only if the average apparent permeativity of mannitol was less than 1 x 10\text{−6} cm s\text{−1}.

**Impact of pH on raltegravir permeativity of cell monolayers.** On the day of the study, the TEER was assessed and the medium in each plate was replaced with the appropriate pH-buffered incubation solutions. The pH in the basolateral compartments was maintained at pH 7.4 (Hanks balanced salt solution [HBSS] containing 25 mM HEPES), and the pH in the apical compartments was maintained at pH 5.6, 5.9 (HBSS containing 10 mM morpholineethanesulfonic acid [MES]), pH 7.7, 7.4, or 8 (HBSS containing 25 mM HEPES), or pH 8.5 (HBSS containing 10 mM Tricine). Compartments were allowed to equilibrate (37°C, 30 min). The incubation buffer in the apical (for transport in the apical-to-basolateral [A-to-B] direction) and basolateral (for transport in the basolateral-to-apical transport [B-to-A] direction) compartments was replaced with the appropriate incubation buffer containing raltegravir (50 µM), and plates were incubated (37°C, 5% CO\text{2}). A concentration of 50 µM raltegravir, which has been shown to be nontoxic for Caco-2 cells in previous studies (18), was used to ensure complete dissolution of drug at all pHs (as predicted by the solubility data) and to ensure that drug concentrations in receiver compartments were sufficiently high to be quantifiable by LC-MS/MS. Samples were taken from the receiver compartments at 0, 30, 60, 90, and 120 min and replaced with fresh incubation buffer of the correct pH. Samples were analyzed using LC-MS/MS. Results were used to determine apparent permeability (P\text{app}; units are 10\text{−6} cm s\text{−1}) for each direction and to determine the efflux ratio, which is the ratio of B-to-A/P\text{app}.
A-to-B $P_{\text{app}}$, $P_{\text{app}}$ was calculated as $(dQ/dr) \times v/(A \times C_{\text{in}})$ (6), where $dQ/dr$ is the change in drug concentration in the receiver compartment over time (nM/s), $v$ is the volume in the receiver compartment (ml), $A$ is the total surface area of the Transwell membrane ($cm^2$), $C_{\text{in}}$ is the initial drug concentration in the donor compartment (nM), and $P_{\text{app}}$ is the apparent permeability ($cm/s$).

Impact of divalent and monovalent metals on raltegravir cell monolayer permeativity. On the day of study, the TEER was assessed, and the medium in each plate was replaced with the appropriate pH-buffered incubation solution. The pH in the basolateral compartments was maintained at pH 7.4 (HBSS without calcium chloride or magnesium sulfate [H6648; Sigma] containing 25 mM HEPES), and the pH in the apical compartments was maintained at pH 5 (HBSS without calcium chloride or magnesium sulfate and containing 10 mM MES) or pH 7.4 (HBSS without calcium chloride or magnesium sulfate and containing 25 mM HEPES). In the apical compartments at pH 5, magnesium chloride (1 mM, 10 mM, or 25 mM), magnesium sulfate (25 mM), calcium chloride (25 mM), or potassium chloride (25 mM) was added. In the apical compartments at pH 7.4, magnesium chloride (1, 10, or 25 mM) was added. A maximum concentration of 25 mM was used for magnesium chloride, as higher concentrations showed Caco-2 cell toxicity (data not shown). Control apical compartments at pH 5 and pH 7.4 which had no added metal salts other than those in the original buffer were also used. The basolateral compartments were maintained at pH 7.4 and had no added metal salts other than those in the original buffer. A concentration of 1 μM was used for all test compounds in order to maximize the metal-to-drug ratio. Lopinavir was used as a negative control, as it is not believed to bind to other than those in the original buffer. A concentration of 1 μM was used for all test compounds in order to maximize the metal-to-drug ratio. Lopinavir was used as a negative control, as it is not believed to bind to other than those in the original buffer.

Impact of omeprazole on raltegravir cell monolayer permeativity. For induction studies using Transwells, the cell monolayers were incubated with the apical (for A-to-B transport) and basolateral (for B-to-A transport) compartments was replaced with the appropriate incubation buffer containing radiolabeled [3H]raltegravir (1 μM, 0.5 μCi/ml) or lopinavir (1 μM, 0.5 μCi/ml), and plates were incubated (37°C, 5% CO2). Samples were taken from the receiver compartments at 0 and 30 min and were analyzed by liquid scintillation counting. The $P_{\text{app}}$ and efflux ratios were calculated as described above.

Cellular accumulation. Caco-2 cells were seeded (5 × 10^3 cells/ml) on 6-well plates and grown for 5 days to allow plate surface coverage (DMEM with 15% fetal bovine serum [FBS], 37°C, 5% CO2). Medium was removed, cells were washed with warm HBSS, and the medium was replaced with the appropriate pH-buffered incubation solution and allowed to equilibrate (37°C, 15 min). The pH in the wells was fixed at pH 5 or 6 (HBSS containing 10 mM MES) or pH 7 or 8 (HBSS containing 25 mM HEPES). The test substrate raltegravir (1 μM) was added to the wells, and plates were incubated (37°C, 5% CO2, 10 min). A concentration of 1 μM raltegravir was used to avoid saturation of drug transporters (11). Samples were taken from the receiver compartments at 0 and 60 min and were analyzed by liquid scintillation counting (Tri-Carb; Beckman). The $P_{\text{app}}$ and efflux ratios were calculated as described above.

RESULTS

Raltegravir solubility. Figure 1A shows raltegravir solubility over a range of buffers with pHs from 1 to 8. A concentration of 1 mM raltegravir was fully soluble across this pH range. However, 10 mM raltegravir was fully soluble only at pH 6.8, 6.9, 7, and 8 and achieved mean supernatant concentrations of 8.0 mM at pH 6.6, 6.3 mM at pH 6.4, 5.0 mM at pH 6.2, 3.7 mM at pH 6, and around 3 mM at pH 5 and below.

Raltegravir lipophilicity. When cyclohexane was used as the organic solvent, raltegravir remained predominantly in the aqueous compartment (~90%) in all pH solutions, whereas using octanol resulted in low raltegravir concentrations (~7%) in the aqueous compartments of pH 5 or less (Fig. 1B). Therefore, when octanol was used as the organic solvent, the apparent log(P) of raltegravir was stable between aqueous pH 1 and 5 but decreased from 1.06 to −1.29 between pH 5 and 9 (P < 0.05) (Fig. 1C). A negative log(P) is usually associated with poor cell membrane permeativity (10).

Raltegravir pK_a. Figure 1D shows the relative absorbance at two wavelengths (333 nm versus 300 nm) as a function of the pH
of the buffer solution. The most substantial change in the curve occurs between pH 6 and 8. If it is assumed that this change in peak ratios is due to an alteration of the charge state of raltegravir, the pKₐ is calculated as pH 6.7.

Impact of pH on raltegravir cell monolayer permeativity. Figure 2A depicts the apical-to-basolateral raltegravir permeativity through Caco-2 cell monolayers at various apical pH values. Increasing the apical pH from 5 to 8.5 decreased the rate and extent of raltegravir monolayer permeativity in the apical-to-basolateral direction (P < 0.05). The P_app and efflux ratio of raltegravir at 60 min incubation are shown in Table 1. Raltegravir efflux ratio increased 12-fold as apical pH was increased from 5 to 8.5 (P < 0.05). When both apical and basolateral pHs were 7.4, the efflux ratio was 2.5, suggesting active transport in the basolateral-to-apical direction. However, reducing apical pH to 6 or below caused raltegravir permeativity to predominate in the apical-to-basolateral direction, suggesting that pH has the potential to overcome the effect of active drug transport.

Impact of divalent and monovalent metals on raltegravir cell monolayer permeativity. All P_app and efflux ratio calculations were made using samples taken after 30 min of incubation, and sink conditions were maintained at this time point. A positive correlation between concentration of magnesium chloride in the apical compartment and raltegravir efflux ratio is shown in Fig. 2B. When the apical compartment pH was 7.4, the raltegravir efflux ratio was significantly increased in comparisons of control wells with no additional metal salt (efflux ratio = 1.3) to wells containing 1 mM (efflux ratio = 1.6; P < 0.05), 10 mM (efflux ratio = 3.4; P < 0.05), or 25 mM (efflux ratio = 3.7; P < 0.05) magnesium chloride. The lopinavir efflux ratio was unaltered in comparisons of control wells with no additional metal salt (efflux ratio = 5.1) to wells containing 25 mM magnesium chloride (efflux ratio = 5.4; P = 0.83), illustrating that the effect of magnesium chloride on raltegravir cellular permeativity was not a result of general changes in monolayer integrity.

When the apical compartment pH was 5, the raltegravir efflux ratio was unchanged when control wells with no additional metal salt (efflux ratio = 0.8) were compared to wells containing 1 mM magnesium chloride (efflux ratio = 0.7; P = 0.28), but a significant increase in efflux ratio was observed with the addition of 10 mM (efflux ratio = 1.1; P < 0.05) or 25 mM (efflux ratio = 1.9; P < 0.05) magnesium chloride. Also, the effects of magnesium in a different salt form (magnesium sulfate), an additional divalent metal salt (calcium chloride), and a monovalent metal salt (potassium chloride) were investigated. The raltegravir efflux ratio was significantly increased in comparisons of control wells with no additional metal salt (efflux ratio = 0.8) to wells containing 25 mM magnesium sulfate (efflux ratio = 1.6; P < 0.05) or 25 mM calcium chloride (efflux ratio = 1.2; P < 0.05). The efflux ratio was unaltered when 25 mM potassium chloride was added to the apical compartment (efflux ratio = 0.8; P = 0.83). This supports the hypothesis that divalent metals, but not monova-
lent metals, have the potential to affect raltegravir cell membrane permeativity.

Impact of omeprazole on raltegravir cell monolayer permeativity. Figure 2C depicts the efflux ratio of raltegravir through Caco-2 cell monolayers in the presence and absence of omeprazole as an inhibitor (20 \( \mu \text{M} \)) or as an inducer (72 h preincubation with 10 \( \mu \text{M} \) omeprazole). All \( P_{\text{app}} \) and efflux ratio calculations were made using samples taken after 60 min of incubation, and sink conditions were maintained. In inhibition studies, there was no significant difference in raltegravir efflux ratio between control cells and cells coincubated with 20 \( \mu \text{M} \) omeprazole (efflux ratio of 2.7 versus 2.6; \( P = 0.83 \)). Similarly, in induction studies, there was no significant difference in raltegravir efflux ratio between control cells and cells preincubated for 72 h with 10 \( \mu \text{M} \) omeprazole (efflux ratio of 2.7 versus 2.6; \( P = 0.51 \)).

Impact of pH and ABCB1 inhibition on raltegravir cellular accumulation. Figure 2D depicts the accumulation of raltegravir in Caco-2 cells that occurred when various pH buffers were used and tariquidar was used to inhibit ABCB1. Raltegravir accumulation in Caco-2 cells increased 3.4-fold when the incubation buffer pH was decreased from 8 to 5 (\( P = 0.05 \)). This pH-related increase in raltegravir accumulation was also observed in cells treated with the ABCB1 inhibitor tariquidar (3.3-fold decrease; \( P < 0.05 \)). Inhibiting ABCB1 led to increased raltegravir accumulation at pH 5 (1.4-fold; \( P < 0.05 \)), 6 (1.5-fold; \( P < 0.05 \)), and 7 (1.4-fold; \( P < 0.05 \)) but not at pH 8 (\( P = 0.08 \)). These results suggest that pH impacts cellular permeativity of raltegravir to a greater extent than ABCB1 transport and that ABCB1 transport of raltegravir is independent of pH.

**DISCUSSION**

In this study, the influence of pH on raltegravir solubility, lipophilicity, and cellular permeativity was investigated. Raltegravir exhibited solubility of less than 10 mM at pH 6.6 and below. It is likely that the drug obtains a negative charge at higher pH by deprotonation of the hydroxyl group at the 5 position of the 6-oxo-1,6-dihydropyrimidine ring. This negative charge would dramatically increase the solubility of the drug in aqueous buffer.

### TABLE 1 Effect of pH on raltegravir (50 \( \mu \text{M} \)) permeativity using a Caco-2 monolayer

<table>
<thead>
<tr>
<th>pH of apical compartment†</th>
<th>( P_{\text{app}} ) (10^-6 cm/s)</th>
<th>Efflux ratio‡</th>
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<tr>
<td>5</td>
<td>27.3 ± 1.2</td>
<td>1.2</td>
<td>11.9 ± 1.5</td>
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<td>6</td>
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<td>7.4</td>
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<td>16.4 ± 2.9</td>
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<td>8</td>
<td>3.5 ± 0.5</td>
<td>3.9</td>
<td>13.8 ± 0.7</td>
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<tr>
<td>8.5</td>
<td>2.9 ± 0.3</td>
<td>4.9</td>
<td>14.1 ± 1.3</td>
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† The pH of the basolateral compartment was maintained at 7.4.
‡ Data are means ± SD for 3 experimental replicates.
§ Compared to the efflux ratio at pH 5, all other ratios had a \( P \) value of <0.05.
Additionally, raltegravir log(P) was shown to decrease as pH is increased above 6, presumably due to the introduction of a charge to the drug. The solubility and lipophilicity data are supported by our UV spectroscopy study, where raltegravir pK_a was calculated at 6.7. This pK_a is located within the pH range that is encountered by the drug during absorption in the GI tract. This offers us a convincing explanation of the intra- and interpatient variability of raltegravir PK in healthy and HIV-1-infected subjects (3).

In experiments assessing raltegravir cellular permeativity, raltegravir was less able to cross a Caco-2 cell monolayer as the incubation buffer pH was increased from 5 to 8.5. This is most likely due to the introduced charge at the active site, preventing the drug from passing through the phospholipid bilayer of the cell membrane. Similar results were seen in accumulation studies, where less raltegravir was present in the cells when the pH was increased from 5 to 8. ABCB1 inhibition had less impact on raltegravir intracellular concentrations than changes in extracellular pH. Permeability and accumulation were assessed using raltegravir concentrations from 1 μM to 50 μM, and our solubility studies show that the drug is fully soluble at all pHs at these concentrations. Therefore, the introduction of a charge to raltegravir by increasing pH could have opposing consequences depending on the concentration of the drug. At high drug concentrations, the introduced charge is predicted to increase dissolution and therefore absorption. Conversely, at lower concentrations, solubility is unlikely to be a problem, and therefore the introduced charge may reduce the rate of absorption.

In previous clinical studies, coadministration of omeprazole and famotidine resulted in an increase in raltegravir C_{max} (24). This may result from the predicted increased solubility of raltegravir in the stomach and the duodenum, where drug concentrations would be highest. The C_{12} of raltegravir was only slightly higher or unchanged when the drug taken with omeprazole or famotidine (24). It is tempting to speculate that over time, raltegravir dissolution normalizes in all subjects and the benefit of increased gastric pH is overcome. Inhibition and induction studies with omeprazole indicated that there were no direct effects on raltegravir cellular permeativity, indicating that the effect of omeprazole most likely results from its pH-altering properties.

Ingestion of a meal has been shown to result in an increase in gastric pH (3), which would be predicted to increase raltegravir solubility. However, only high-fat meals have been shown to increase raltegravir exposure, with low-fat meals resulting in a reduction (1). It is possible that a high-fat meal may dilute stomach acid to a greater extent or that the fat in the meal could increase the solubility of raltegravir.

Raltegravir cellular permeativity decreased in the presence of the divalent cations magnesium and calcium in the incubation medium. This decrease was not found when the monovalent cation potassium was used. Raltegravir may bind to the divalent metals and form a metal-drug complex which is unable to cross the cell membrane. It is important to note that binding of raltegravir to a divalent metal (magnesium) is a prerequisite for inhibition of HIV integrase (17). Antacids containing magnesium caused no significant change in raltegravir C_{max} or AUC but did reduce C_{12}, resulting in 75% of patients having a C_{12} less than the IC_{95} (15). The impact of antacids may be explained by a combination of the effects of pH and metal binding. We hypothesize that C_{max} remains unchanged while raltegravir solubility improves with increased pH but that absorption is inhibited by magnesium binding. At later time points, when raltegravir solubility is no longer an issue, the elevated presence of magnesium in the gut may reduce the amount of raltegravir being absorbed, thus reducing raltegravir C_{12}. If this is true, coadministration of products containing polyvalent metal cations that do not alter gastric pH (e.g., multivitamin tablets) would be expected to reduce raltegravir exposure. This is certainly now worthy of empirical determination.

These data may also have implications for the newer integrase strand transfer inhibitors elvitegravir and dolutegravir. Elvitegravir and dolutegravir exposure has been shown to be reduced when these drugs are taken with antacids containing magnesium and aluminum, with the reduction being less marked when the drug is taken 2 h before the antacid (19, 21). In healthy subjects, elvitegravir and dolutegravir absorption has also been shown to be influenced by food according to fat content (26, 9), and it is recommended that elvitegravir be taken with food (20). Interestingly, dolutegravir exposure has also been shown to be moderately reduced when the drug is taken with a multivitamin containing magnesium, calcium, iron, zinc, and copper (19).

In conclusion, the physicochemical properties of raltegravir are heavily influenced by environmental pH. Both pH and polyvalent metals have the potential to alter the pharmacokinetics of raltegravir, and these data help provide a rationale for the variability in raltegravir exposure seen in patients. The evaluation of how divalent metal-containing products, such as multivitamins that do not affect gastric pH, alter raltegravir pharmacokinetics in patients is now justified. A comprehensive knowledge of the mechanisms that underpin variability in disposition will help optimize future therapy with raltegravir.

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