

Aluminum and Neurofibrillary Tangle Co-Localization in Familial Alzheimer's Disease and Related Neurological Disorders

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Abstract.

Background: Protein misfolding disorders are frequently implicated in neurodegenerative conditions. Familial Alzheimer's disease (fAD) is an early-onset and aggressive form of Alzheimer's disease (AD), driven through autosomal dominant mutations in genes encoding the amyloid precursor protein and presenilins 1 and 2. The incidence of epilepsy is higher in AD patients with shared neuropathological hallmarks in both disease states, including the formation of neurofibrillary tangles. Similarly, in Parkinson's disease, dementia onset is known to follow neurofibrillary tangle deposition.

Objective: Human exposure to aluminum has been linked to the etiology of neurodegenerative conditions and recent studies have demonstrated a high level of co-localization between amyloid- β and aluminum in fAD. In contrast, in a donor exposed to high levels of aluminum later developing late-onset epilepsy, aluminum and neurofibrillary tangles were found to deposit independently. Herein, we sought to identify aluminum and neurofibrillary tangles in fAD, Parkinson's disease, and epilepsy donors.

Methods: Aluminum-specific fluorescence microscopy was used to identify aluminum in neurofibrillary tangles in human brain tissue.

Results: We observed aluminum and neurofibrillary-like tangles in identical cells in all respective disease states. Co-deposition varied across brain regions, with aluminum and neurofibrillary tangles depositing in different cellular locations of the same cell.

Conclusion: Neurofibrillary tangle deposition closely follows cognitive-decline, and in epilepsy, tau phosphorylation associates with increased mossy fiber sprouting and seizure onset. Therefore, the presence of aluminum in these cells may exacerbate the accumulation and misfolding of amyloidogenic proteins including hyperphosphorylated tau in fAD, epilepsy, and Parkinson's disease.

Keywords: α -synuclein, aluminum in human brain tissue, amyloid- β , epilepsy, familial Alzheimer's disease, Parkinson's disease, tau

INTRODUCTION

Familial Alzheimer's disease (fAD) is differentiated from the sporadic form of the disease by its early age of onset, typically occurring before the

age of 65. This rare hereditary condition represents less than 5% of individuals, who go on to develop Alzheimer's disease (AD) [1]. Mutations in genes encoding the amyloid precursor protein (*APP*), presenilin 1 (*PSEN1*), and presenilin 2 (*PSEN2*), mark the autosomal dominant pattern of fAD inheritance [2, 3]. Subsequently, the enhanced proteolytic processing of amyloid- β protein precursor ($A\beta$ PP) through sequential cleavage by β -secretase (B-site APP-cleaving enzyme 1, BACE1) and γ -secretase, drives the

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42 formation of the pathogenic amyloid- β (A β) pep- 94
43 tides [4]. Histological analysis of postmortem fAD 95
44 brain tissue is principally characterized by the 96
45 extracellular deposition of A β in senile plaques, 97
46 intracellular neurofibrillary tangles (NFTs) of hyper- 98
47 phosphorylated tau protein, and cerebral amyloid 99
48 angiopathy (CAA) [5]. 100

49 As the second most common form of neurodegen- 101
50 erative disorder after AD, Parkinson's disease (PD) 102
51 shares protein misfolding abnormalities including tau 103
52 and A β proteinopathies [6, 7]. The deposition of 104
53 NFTs and senile plaques have been found in the 105
54 brains of donors with PD, in comparable quantities 106
55 and regions to those observed in AD [6]. Autosomal 107
56 dominant mutations of the SNCA gene in PD are 108
57 known to trigger disease-causing missense mutations 109
58 of the α -synuclein protein, normally responsible for 110
59 pre-synaptic signaling and membrane trafficking [8]. 111
60 Subsequent molecular changes in α -synuclein cause 112
61 the protein to misfold and deposit as Lewy bodies 113
62 in neuronal somata and Lewy neurites in neuronal 114
63 cell processes. Consequently, the concomitant loss 115
64 of dopaminergic neurons in the substantia nigra pars 116
65 compacta in the midbrain directly follows PD patho- 117
66 genesis, as characterized by Braak staging of Lewy 118
67 pathology [6, 7, 9]. Neuropathological forms of α - 119
68 synuclein and tau are rarely found in isolation and 120
69 their co-deposition with other amyloidogenic pro- 121
70 teins including A β , have been associated with AD- 122
71 like co-morbidities *in vivo* [10]. Those pathological 123
72 conformations adopted, promote the cross-seeding 124
73 of α -synuclein and tau. Further templating and pro- 125
74 tein aggregation may then occur through a prion-like 126
75 transmission mechanism, promoting disease spread 127
76 between adjacent neurons. Taken collectively, such 128
77 has highlighted a synergistic role for tauopathies in 129
78 accelerating aberrant α -synuclein inclusions and *vice* 130
79 *versa* in PD brain tissues [6, 7, 10]. 131

80 Aluminum is the third most abundant element and 132
81 the most abundant metal in the Earth's crust. Despite 133
82 its ubiquity, aluminum is non-essential to life, partici- 134
83 pates in biochemical reactions, and accumulates over 135
84 time in the central nervous system (CNS) [11, 12]. 136
85 Aluminum is known to accumulate in human brain 137
86 tissue of donors diagnosed with both neurodegener- 138
87 ative and neurodevelopmental disorders including 139
88 AD [13, 14], PD [15, 16], and epilepsy [17]. Invest- 140
89 igations into the distribution of aluminum in human 141
90 brain tissue of donors diagnosed with fAD have 142
91 revealed co-deposition of the metal ion in senile 143
92 plaques [13, 14]. In a Colombian cohort of fAD 144
93 donors presenting with a PSEN1-E280A mutation, 145

aluminum was also identified in CAA-laden blood 94
vessels, in which its co-localization with fibrillar 95
A β was observed [14]. Donors with this mutation 96
exhibit increased levels of cortical A β and early- 97
onset and aggressive AD etiology [18]. Owing to 98
the unique association of aluminum with A β and the 99
high levels of aluminum found within these brain tis- 100
sues relative to controls [19], such implicated a role 101
for the metal in the neuropathology of fAD [14]. 102
Elevated levels of aluminum have been reported in 103
neuromelanin-containing neurons and in Lewy bod- 104
ies of the substantia nigra region of PD donors [15, 105
16]. In addition, densely packed and phosphorylated 106
neurofilaments of alpha-synuclein in Lewy bodies 107
and neurites would be expected to bind aluminum 108
with high affinity, thereby promoting its intracellular 109
accumulation [7, 10, 15]. Furthermore, in the pres- 110
ence of aluminum, the rate of α -synuclein fibrillation 111
has been shown to increase *in vitro*, inducing con- 112
formational changes of the protein to an aggregated 113
insoluble form [20]. 114

115 While the co-deposition of aluminum with A β has 116
been suggested in fAD, such an association has yet 117
to be confirmed with intraneuronal NFTs of hyper- 118
phosphorylated tau protein [13, 14]. In renal dialysis 119
patients, elevated aluminum concentrations and its 120
subsequent accumulation in brain tissue was asso- 121
ciated with increased insoluble hyperphosphorylated 122
tau and depleted normal tau protein in the cerebral 123
cortex [21]. Owing to the high affinity of aluminum 124
for phosphate groups, both adenosine triphosphate 125
(ATP) and DNA are known to act as ligands for chela- 126
tion of aluminum in intraneuronal pools [22, 23]. 127
Therefore, the high number of inorganic phosphate 128
ligands on intraneuronal tau protein in NFTs would 129
be predicted in the cerebral cortex of both fAD and 130
PD patients [10]. 131

132 To assess such an association of aluminum with 133
NFTs *in vivo*, we have made use of aluminum-specific 134
fluorescence microscopy, utilizing the fluorophore 135
lumogallion (4-chloro-3-(2,4-dihydroxyphenylazo)- 136
2-hydroxybenzene-1-sulphonic acid). As a selective 137
fluorescent molecular probe for the detection of intra- 138
cellular aluminum *in vivo*, we have optimized its 139
use for the detection of potential intraneuronal alu- 140
minum in Colombian PSEN1-E280A fAD, PD, and 141
epilepsy donors [13, 14]. Herein, we have made use of 142
thioflavin S as a fluorophore for the detection of NFTs 143
of hyperphosphorylated tau protein. ThS is frequently 144
used for the identification of NFTs in human brain 145
tissue [7, 14, 17, 24, 25]. When stained with ThS, 145
NFTs most notably produce characteristic flame-like

146 morphologies in intraneuronal occlusions, distinctive
147 from larger extracellular senile plaques that typically
148 span tens of microns in diameter [26].

149 Previously, we have demonstrated the intracellular
150 accumulation of aluminum in glial cells and neuronal
151 debris in a case of epilepsy, brought on by aluminum
152 poisoning in the individual's potable water supply
153 [17]. While extensive NFT deposition was noted in
154 the frontal, parietal, occipital, and temporal lobes,
155 no direct association with aluminum was identified
156 [17]. A recent study of temporal lobe epilepsy (TLE)
157 patients who underwent temporal lobe resection,
158 demonstrated striking similarities with post-mortem
159 temporal lobe specimens from AD patients [27].
160 Therein, increased phosphorylation of pathological
161 tau was noted in NFTs in both TLE and AD tissues
162 [27]. Therefore, we have additionally investigated
163 potential similarities in the intraneuronal accumula-
164 tion of aluminum and NFTs in a case study of an
165 individual exposed to high levels of aluminum, that
166 later died of asphyxiation through an epileptic fit [17].
167 Finally, we show preliminary data for aluminum and
168 NFT-like deposition in PD, allowing for comparisons
169 of their distribution in human brain tissue to be drawn
170 across complex neurological disease states.

171 METHODS

172 *Human brain tissue*

173 Formalin-fixed paraffin-embedded (FFPE) brain
174 tissue blocks tissue from Colombian fAD donors carry-
175 ing a PSEN1-E280A mutation were obtained from
176 the Universidad de Antioquia, Medellin, Colombia
177 brain tissue bank, following ethical approval by Keele
178 University, UK (ERP 2391) [14]. FFPE brain tissue
179 blocks from a 60-year-old male donor who died as a
180 consequence of asphyxiation following an epileptic
181 fit were provided by University Hospitals Plymouth,
182 NHS Trust, UK and sent to Keele University upon
183 request of the coroner to investigate the content and
184 distribution of aluminum. The deceased as described
185 by the coroner, was a victim of the Lowermoor Treat-
186 ment Works, Camelford, who in 1988 was exposed to
187 high levels of aluminum in his potable water supply.
188 Full details of the pathology of this case are described
189 elsewhere [17]. PD brain tissue from an 87-year-old
190 male donor was received as 5 μ m adjacent serial sec-
191 tions on electrostatically-charged glass slides from
192 Parkinson's UK Brain Bank at Imperial College Lon-
193 don, funded by Parkinson's UK (NREC approval no.
194 18/WA/0238).

195 *Microtomy*

196 All chemicals were from Sigma Aldrich, UK
197 unless otherwise stated. Brain tissue received as
198 FFPE tissue blocks were cooled on wet ice for
199 10 min and adjacent serial sections prepared at
200 5 μ m using a rotary RM2025 microtome, equipped
201 with Surgipath DB80 LX low-profile stainless-steel
202 microtome blades (both from Leica Microsystems,
203 UK). Sections were floated onto ultrapure water (con-
204 ductivity <0.067 μ S/cm) at 40°C and transferred onto
205 SuperFrost® Plus adhesion slides (Thermo Scientific,
206 UK). Excess wax was removed from dried sections
207 by heating at 62°C for 20 min, before dewaxing and
208 rehydration procedures.

209 *Dewaxing and rehydration of tissue sections*

210 All brain tissue sections were dewaxed with Histo-
211 Clear (National Diagnostics, US) for 3 min, fresh
212 Histo-Clear for 1 min and transferred into 100% v/v
213 ethanol (HPLC grade used throughout) for 2 min
214 to remove the clearing agent. Sections were subse-
215 quently rehydrated using an ethanol gradient from
216 95, 70, 50, and 30% v/v for 1 min in each solvent,
217 before rehydration in ultrapure water for 35 s.

218 *Lumogallion staining*

219 All staining procedures were performed at
220 ambient temperature, away from light. Rehy-
221 drated fAD tissue sections were fully immersed in
222 Coplin jars containing 1 mM lumogallion (4-chlo-
223 ro-3-(2,4-dihydroxyphenylazo)-2-hydroxybenzene-
224 1-sulphonic acid, TCI Europe N. V., Belgium) in
225 50mM PIPES pH 7.4 for 6h. Autofluorescence
226 controls were prepared by incubating sections in
227 the buffer only. Epilepsy brain tissue sections were
228 stained for 24h in Coplin jars and PD sections
229 for 45 min in humidity chambers, in the presence
230 of the fluorophore or the buffer only for autofluo-
231 rescence controls. Following staining, all sections
232 were rinsed in the same PIPES buffer and washed
233 for 30s in ultrapure water, before mounting with
234 Fluoromount™ under glass coverslips.

235 *Thioflavin s staining*

236 Following analysis of lumogallion stained sections
237 via fluorescence microscopy, mounted sections on
238 glass slides were placed in ultrapure water with gen-
239 tle agitation provided by a stirrer bar, overnight. Once

coverslips had lifted, lumogallion stained sections were outlined with a hydrophobic PAP pen, allowing for re-staining with thioflavin S (ThS) in humidity chambers. Sections were re-stained with *ca* 0.075% *w/v* ThS in 50% *v/v* ethanol for 8 min. Following ThS staining, slides were twice rinsed for 10 s in fresh 80% *v/v* ethanol and washed for 30 s in ultra-pure water. Sections were subsequently mounted with Fluomount™ using new glass coverslips.

Microscopy

Sections were analyzed by use of an Olympus BX50 fluorescence microscope (mercury source) equipped with a BX-FLA reflected light attachment and vertical illuminator. Lumogallion fluorescence was acquired using a U-MNIB3 filter cube (bandpass λ_{ex} : 470–495 nm, dichromatic mirror: 505 nm, long-pass λ_{em} : 510 nm) and ThS fluorescence by use of a U-MWBV2 filter cube (bandpass λ_{ex} : 400–440 nm, dichromatic mirror: 455 nm, longpass λ_{em} : 475 nm, both from Olympus, UK). Images were captured using a ColorView III CCD camera using the CellD software suite (Olympus, SiS Imaging Solutions, GmbH). Light transmission values and exposure settings were fixed across respective treatments. Merging of fluorescence channels was performed using Photoshop (Adobe Systems Inc., US).

RESULTS

Aluminum and neurofibrillary tangle deposition in familial Alzheimer's disease

To identify the potential deposition of aluminum and NFTs in fAD, sections were first stained with lumogallion and deposits of aluminum identified. Aluminum-specific fluorescence microscopy identified extracellular aluminum deposition in the temporal cortex of a 45-year-old female Colombian fAD donor (Fig. 1A). Higher magnifications revealed the presence of nearby neuronal cells loaded with punctate cytosolic deposits of the metal ion, via an intense orange fluorescence emission.

Numerous and frequently intraneuronal lipofuscin deposits were readily differentiated from lumogallion-reactive aluminum, by a weaker green/yellow fluorescence emission (see Supplementary Fig. 1). Upon re-staining of the section with ThS, the identical lumogallion-reactive neuron stained positively for intraneuronal NFTs at its periphery, via a

green fluorescence emission (Fig. 1B). Merging of the fluorescence channels revealed that aluminum and NFTs were located in the same cell (Fig. 1C), with the brightfield overlay confirming their intracellular deposition (Fig. 1D).

Similarly, intraneuronal aluminum appearing as punctate orange deposits were found in the parietal cortex of a 60-year-old male Colombian fAD donor (Fig. 2A). Such was differentiated from a green autofluorescence emission of the non-stained serial section (see Supplementary Fig. 2). The identical neuron revealed intracellular ThS-reactive NFTs, as highlighted by a green fluorescence emission (Fig. 2B). Interestingly, merging of the fluorescence channels identified the co-localization of lumogallion-reactive aluminum and ThS-reactive NFTs at the periphery of the cell (Fig. 2C). Overlaying of the brightfield channel revealed both deposits to be enclosed by a clear cell membrane, confirming their intracellular co-deposition (Fig. 2D).

Herein, prolonged staining with lumogallion identified the presence of intracellular aluminum in the parietal cortex of a 57-year-old female Colombian fAD donor (Fig. 3A), versus a weak green autofluorescence emission of the non-stained serial section (see Supplementary Fig. 3). Microglial cells and neurons near cellular debris stained positively for aluminum (Fig. 3A) and ThS-reactive senile plaques (Fig. 3B) were observed. While aluminum appeared to be distributed in cell soma, ThS-reactive neuropil-like threads were highlighted via a green fluorescence emission in dendritic/axonal-like cell projections, upon merging of fluorescence (Fig. 3C) and brightfield (Fig. 3D) channels.

Aluminum and neurofibrillary tangle deposition in epilepsy

To draw comparisons between aluminum and NFT distribution in fAD and epilepsy, brain tissue from a 60-year old male donor who died as a consequence of an epileptic fit was sequentially stained with lumogallion and ThS. Prolonged staining with lumogallion revealed the presence of intracellular aluminum in neuronal cells in the temporal cortex, via an orange fluorescence emission (Fig. 4A). Analysis of the non-stained serial section revealed a green autofluorescence emission of brain parenchyma with punctate yellow intraneuronal deposits being confirmed in the same cells (Fig. 4B). ThS counter-staining of the identical lumogallion-stained section demonstrated the presence of NFT-like deposits in axons and

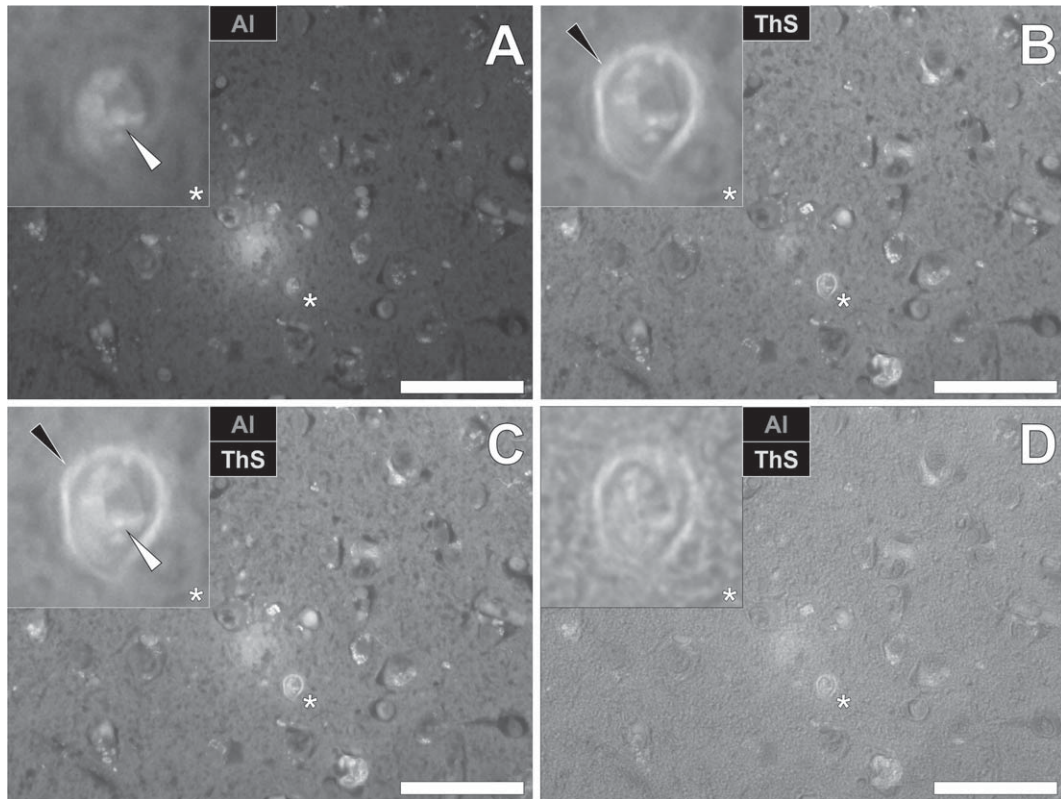


Fig. 1. Intracellular aluminum co-located with ThS-reactive NFTs in the temporal cortex of a Colombian donor (Case 90: Female, aged 45) with fAD (PSEN1-E280A mutation). A) Punctate intracellular aluminum (orange, white arrows) in neuronal cells exhibiting positive (green) fluorescence for (B) intraneuronal NFTs (black arrows) with (C) merging of fluorescence channels and the brightfield overlay (D) depicting their co-deposition. Magnified inserts are denoted by asterisks in the respective fluorescence micrographs. Al, aluminum; ThS, thioflavin S. Magnification: X 400, scale bars: 50 μm .

dendrites of the same neuron, via a green fluorescence emission (Fig. 4C). Merging of fluorescence and brightfield channels confirmed the intraneuronal distribution of aluminum and axonal-like deposition of NFTs, in the same cell (Fig. 4D).

Aluminum and neurofibrillary tangle deposition in Parkinson's disease

To draw comparisons to NFT and aluminum deposition in fAD and epilepsy, conventional lumogallion and ThS counter-staining were performed on donor tissues obtained from an 87-year-old male with PD [13, 17, 28]. Lumogallion staining revealed positive orange fluorescence of aluminum in tangle-like formations, in epithelial cells lining the choroid plexus of the hippocampus (Fig. 5A). Green autofluorescence and occasional lipofuscin deposition were noted in the same cells, in the non-stained adjacent serial section (Fig. 5B). ThS counter-staining identified

Biondi ring-like tangles via an intensive green fluorescence emission, reminiscent of NFTs in the identical epithelial cells (Fig. 5C). Merging of the fluorescence and brightfield channels identified prominent aluminum deposition, co-located with Biondi ring-like tangles in the same epithelial cell (Fig. 5D).

DISCUSSION

We have demonstrated the presence of intracellular aluminum and NFTs in neurons in the cerebral cortex of both fAD and epilepsy donors and co-located with Biondi ring-like tangles in epithelial cells lining the choroid plexus in PD. In fAD, intracellular punctate deposits of aluminum were observed in neurons in the parietal and temporal cortex of three individual fAD donors, all carrying the PSEN1-E280A mutation. ThS-reactive NFTs were found in the identical neurons, upon counter-staining. Interestingly, the pattern

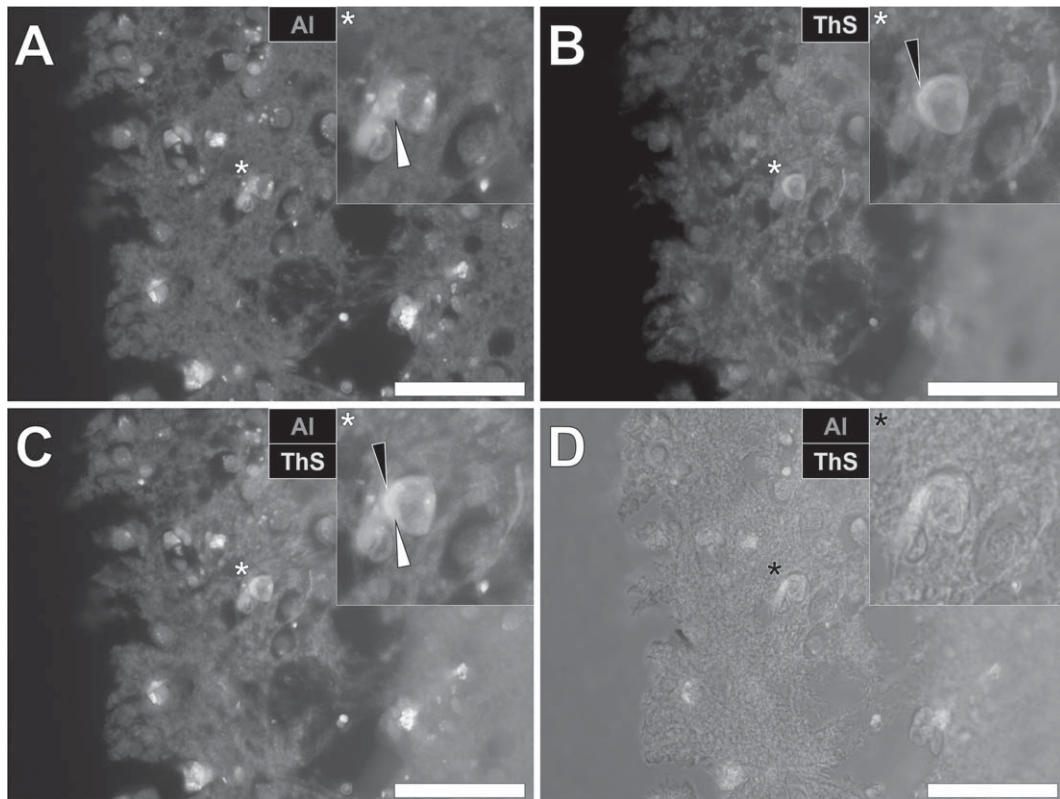


Fig. 2. Intracellular aluminum co-located with ThS-reactive NFTs in the parietal cortex of a Colombian donor (Case 218: Male, aged 60) with fAD (PSEN1-E280A mutation). A) Punctate intracellular aluminum (orange, white arrows) in neuronal cells exhibiting positive (green) fluorescence for (B) intraneuronal NFTs (black arrows) with (C) merging of fluorescence channels and the brightfield overlay (D) depicting their co-localization. Magnified inserts are denoted by asterisks in the respective fluorescence micrographs. Al, aluminum; ThS, thioflavin S. Magnification: X 400, scale bars: 50 μ m.

371 of aluminum and NFT co-deposition was seen to vary
 372 in cortical neurons, with each depositing in different
 373 cellular locations. Typically, flame-like NFTs were
 374 observed at the periphery of neurons, with aluminum
 375 appearing to be deposited in cell nuclei. In fAD,
 376 only a single incidence of diffuse aluminum stain-
 377 ing and potentially co-located intraneuronal NFTs
 378 were observed in the parietal cortex. Intracellular alu-
 379 minum was also observed in microglial-like cells near
 380 ThS-reactive senile plaques, in the same donor.

381 Senile plaque morphologies and neuritic dystro-
 382 phy have been shown to revert upon the activation
 383 of microglial cells in the 5xFAD murine model of
 384 AD [29]. Microglia are known to play a pivotal role
 385 in their ability to block aberrant tangle formation,
 386 though their high loading with aluminum observed
 387 in our study may prevent their ability to do so *in vivo*
 388 [14, 30, 31]. It is important to stress that while alu-
 389 minum and NFTs were observed in the same cortical
 390 neurons, aluminum was predominantly observed to

391 be co-located with ThS-reactive senile plaques, as
 392 has been previously reported in the same Colombian
 393 donor cohort [14]. Furthermore, several NFTs stained
 394 positively with ThS without producing any signal for
 395 aluminum upon prolonged lumogallion staining.

396 In the brain tissue of a donor with late-onset
 397 adult epilepsy, aluminum and NFTs were both found
 398 deposited in cortical neurons of the temporal lobe. We
 399 observed that while aluminum was generally found
 400 deposited in the nucleus, ThS-reactive NFTs were
 401 observed in axonal-like projections in the same neu-
 402 ron. Our previous report of aluminum distribution in
 403 the brain tissue of this donor, only identified alu-
 404 minum in glial cell populations, thereby depositing
 405 at sites away from intraneuronal NFTs of hyperphos-
 406 phosphorylated tau protein [17].

407 In a donor with PD, Biondi ring-like tangles
 408 were found in epithelial cells, lining the choroid
 409 plexus of the hippocampus. Those tangles identi-
 410 fied were both lumogallion and ThS-reactive and

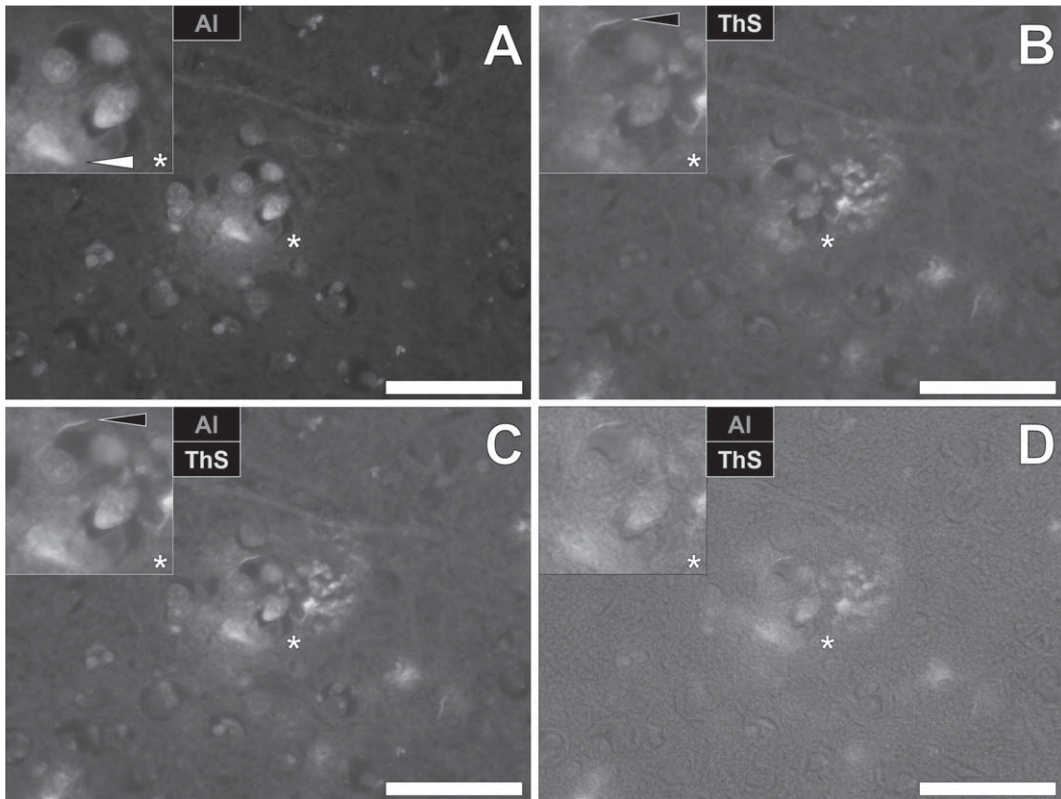


Fig. 3. Intracellular aluminum in glia and neurons co-located with ThS-reactive NFTs and amyloid- β in the parietal cortex of a Colombian donor (Case 260: Female, aged 57) with fAD (PSEN1-E280A mutation). A) Punctate intracellular aluminum (orange) in a microglial cell (white arrow). B) Intraneuronal NFTs (green, black arrows) with (C) merging of fluorescence channels depicting their co-deposition. D) The brightfield overlay depicts cell membranes. Magnified inserts are denoted by asterisks in the respective fluorescence micrographs. Al, aluminum; ThS, thioflavin S. Magnification: X 400, scale bars: 50 μ m.

411 thereby demonstrated the presence of aluminum
 412 within these fibrillar inclusions. We have previously
 413 made the observations of aluminum in epithelial cells
 414 of the choroid plexus in a donor with CAA and
 415 ThS-reactive Biondi ring-like tangles in the same
 416 donor with epilepsy; revisited in this study [17, 32].
 417 Interestingly, both were victims of the now infam-
 418 ous Camelford aluminum poisoning incident and
 419 herein we report the first co-localization of these neu-
 420 ropathological hallmarks, within the same epithelial
 421 cells in PD.

422 Biondi ring tangles were originally thought to
 423 be artefacts described as “off-target” binding of the
 424 flortaucipir-based PET radioligand, [F-18]AV-1451
 425 [33]. However, in a follow-up study by Ikonomic
 426 and colleagues, immunolabelling of the choroid
 427 plexus of aged AD brains revealed the presence of
 428 phosphorylated tau with minimal immunoreactivity
 429 for A β [34]. Those tangles identified, were described
 430 as Biondi ring tangles that have been previously

431 reported in aged healthy and AD brain tissues
 432 [34–36]. A continuing research effort is currently
 433 underway to better characterize PET tracers for
 434 tau imaging and the reasons underlying off-target
 435 labelling in living patients. However, these studies
 436 have continued to report the presence of tau in
 437 Biondi ring tangles, supporting our preliminary
 438 observations of these neuropathological hallmarks
 439 in a donor with PD [37, 38].

440 The blood-cerebrospinal fluid barrier has been
 441 suggested to act as a potential entry route of α -
 442 synuclein into the brain through its passage across
 443 choroid plexus epithelia via energy-dependent active
 444 transport [39]. Therefore, the presence of aluminum
 445 in these cells may exacerbate the accumulation
 446 and misfolding of amyloidogenic proteins including
 447 hyperphosphorylated tau and α -synuclein. Indeed,
 448 tau and α -synuclein can interact in cells and their
 449 aberrant cross-seeding has been suggested to syn-
 450 ergistically enhance protein misfolding and fibrillar

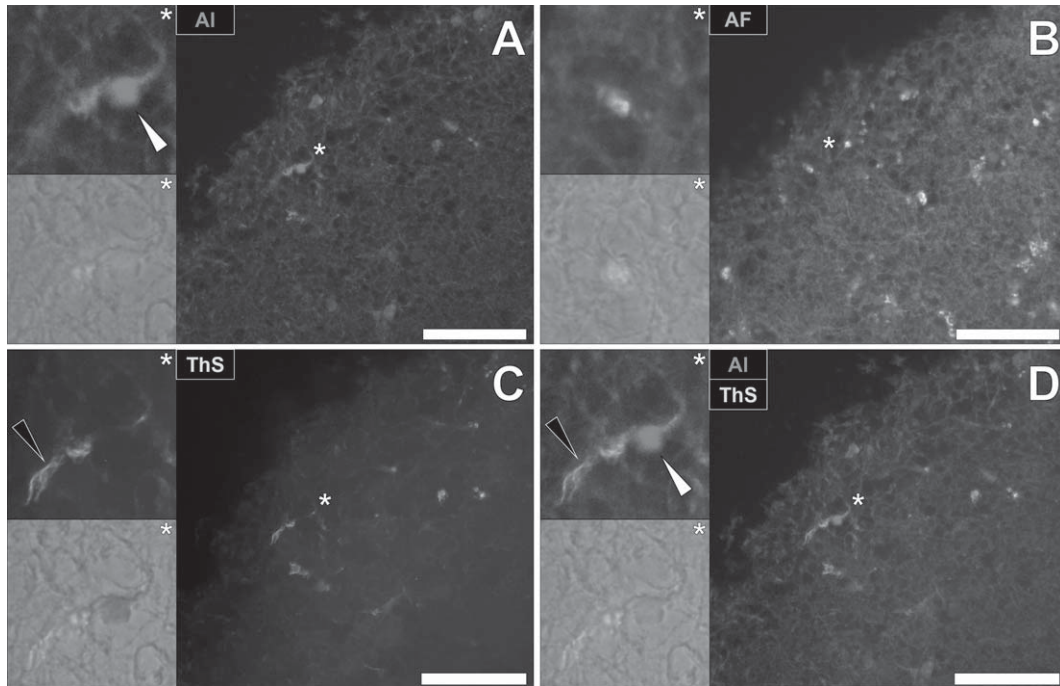


Fig. 4. Intracellular aluminum co-located with ThS-reactive NFTs in neurons in the temporal cortex of a 60-year-old male donor with epilepsy. A) Intranuclear aluminum (orange, white arrows) and (B) autofluorescence of the non-stained section. C) The identical neuronal cell exhibiting positive (green) fluorescence for NFTs (black arrows) with (D) merging of fluorescence channels depicting their co-localization. Magnified inserts are denoted by asterisks in the respective fluorescence micrographs of which merging of the brightfield overlay is depicted in the lower panels. Al, aluminum; ThS, thioflavin S. Magnification: X 400, scale bars: 50 μ m.

451 inclusions *in vivo* [7, 10]. In addition, PD-specific
 452 mutations including those in leucine-rich repeat
 453 kinase 2 (LRRK2), has been implicated in the hyper-
 454 phosphorylation of tau and the subsequent deposition
 455 of NFTs [6, 40].

456 The intranuclear deposition of aluminum has been
 457 highlighted in the past, likely owing to the high affin-
 458 ity of aluminum binding to the phosphate backbone
 459 of DNA [41, 42]. We have previously reported the
 460 unequivocal presence of intranuclear aluminum *in*
 461 *vitro* in human spermatozoa and frequently *in vivo*,
 462 in the brain of donors with autism spectrum disorder,
 463 multiple sclerosis, epilepsy, and fAD [14, 17,
 464 28, 43, 44]. While previous studies of fAD brain
 465 tissues revealed only occasional aluminum deposits
 466 in cortical neurons, pro-longed staining with the
 467 lumogallion fluorophore, herein, demonstrated an
 468 intense positive signal for the metal ion above back-
 469 ground fluorescence. As aluminum readily binds
 470 to negatively charged phosphate moieties and also
 471 forms strong 1:1 complexes with lumogallion, such
 472 competitive binding equilibria may have shifted in
 473 favor of forming a fluorescent complex [23]. In
 474 this manner, $Al^{3+}_{(aq)}$ ions removed from nuclear

475 DNA, may have allowed sufficient complexation with
 476 lumogallion to produce a positive intranuclear metal
 477 signal [45–47].

478 Aluminum is known to bind to the microtubule-
 479 associated protein tau and especially upon its
 480 hyperphosphorylation forming aberrant insoluble
 481 NFTs [48]. Intraneuronal NFTs are frequently
 482 observed in the cerebral cortex of fAD, PD, and
 483 epilepsy patients, collectively prompting our study
 484 to probe their intracellular presence [7, 14, 17,
 485 27]. Epilepsy occurrence is more frequent in AD
 486 patients [49]. Concomitant with increased tau phos-
 487 phosphorylation, increased mossy fiber sprouting has
 488 also been demonstrated in pentylenetetrazole-kindled rat
 489 models of epilepsy [50]. Furthermore, detailed his-
 490 tological analyses of human brain tissue excised
 491 from drug-resistant temporal lobe epilepsy (TLE)
 492 donors, have revealed intraneuronal tau phosphory-
 493 lation, bearing striking similarities to those found in
 494 AD temporal lobe tissues [27]. Increased brain A β
 495 deposition has been suggested to be enhanced in the
 496 presence of aluminum, through its acceleration of
 497 proteolytic processing of A β PP via the amyloido-
 498 genic pathway [51]. Subsequently, the formation of

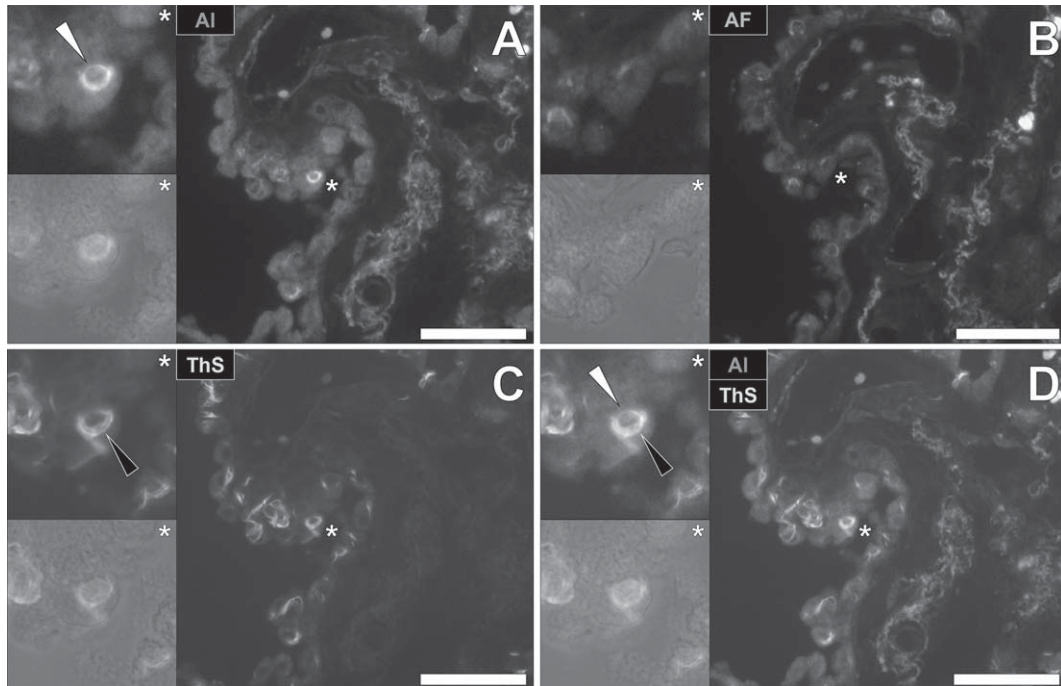


Fig. 5. Intracellular aluminum co-located with ThS-reactive Biondi ring-like tangles in the choroid plexus (hippocampus) of an 87-year-old male donor with Parkinson's disease. A) Intracellular aluminum (orange, white arrows) in epithelial cells lining the choroid plexus and (B) autofluorescence of the non-stained section. C) The identical epithelial cell exhibiting positive (green) fluorescence for Biondi ring tangles (black arrows) with (D) merging of fluorescence channels depicting their co-localization. Magnified inserts are denoted by asterisks in the respective fluorescence micrographs of which merging of the brightfield overlay is depicted in the lower panels. Al, aluminum; ThS, thioflavin S. Magnification: X 400, scale bars: 50 μm .

499 $A\beta$ fibrils is known to induce phosphorylation of tau
500 in both *in vivo* and *in vitro* models of AD [52, 53].

501 While further research is needed to establish a
502 role for aluminum in the catalysis of $A\beta$ and sub-
503 sequent NFT deposition in fAD, PD and epilepsy,
504 our results now demonstrate the co-existence of alu-
505 minum in these neuropathological hallmarks [14]. We
506 have used ThS for the detection of NFTs in fAD and
507 epilepsy brain tissues and similarly unveiled the pres-
508 ence of Biondi ring tangles in PD. A limitation of our
509 study is the sole use of ThS for this purpose, which
510 is also known to bind to and visualize senile plaques
511 of $A\beta$ [54]. Kinetic-based studies monitoring fibril-
512 lation of the α -synuclein protein, have also shown
513 reactivity to benzothiazole-based dyes, upon the for-
514 mation of β -pleated sheet structures [7, 20]. Owing
515 to the large size of extracellularly deposited senile
516 plaques, these could be differentiated from smaller
517 intracellular fibrillar morphologies and flame-like
518 NFTs, herein observed in fAD and epilepsy brain
519 tissues. Likewise, we could also identify charac-
520 teristic Biondi ring tangles in the choroid plexus
521 of a donor with PD that have frequently produced

522 positive immunoreactivity against phosphorylated
523 tau in previous studies [33–38]. Future research
524 identifying specific phosphorylated tau residues and
525 immunoreactivity against $A\beta$ and α -synuclein is a
526 logical next step to delineate aluminum accumula-
527 tion in specific fibrillar assemblies. We now aim to
528 perform immunolabelling against these specific neu-
529 ropathological targets to shed light upon the role of
530 aluminum in their mechanistic processes of assembly,
531 *in vivo*.

532 Donors from the Colombian PSEN1-E280A fAD
533 cohort are known to develop tauopathies later in
534 life, as has been demonstrated by positron emis-
535 sion tomography (PET), in living patients [55].
536 Therein and similarly in PD, hyperphosphorylation
537 of tau depositing as NFTs follows senile plaque
538 deposition, before symptom onset and concurrent
539 cognitive decline [7, 10, 56]. Future investigations of
540 aluminum, $A\beta$, and NFT deposition in neurodegener-
541 ative and neurodevelopmental disorders would help
542 to shed light upon the potentially shared patholog-
543 ical mechanisms underlying these complex disease
544 states.

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SUPPLEMENTARY MATERIAL

The supplementary material is available in the electronic version of this article: <https://dx.doi.org/10.3233/JAD-200838>.

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